



JAWAHAR INSTITUTE OF MOUNTAINEERING & WINTER SPORTS
NUNWAN, PAHALGAM – 192126

COURSE PROGRAMME – 2018-19

<u>COURSES</u>	<u>DATES</u>	<u>DURATION</u>	<u>CAPACITY</u>	<u>VENUE</u>
<u>Basic Mountaineering</u>				
130 BMC	01 Apr – 28 Apr 18	28 Days	60	Pahalgam/Bhaderwah
131 BMC	01 May – 28 May 18	28 Days	60	Pahalgam/Bhaderwah
132 BMC	01 Jun – 28 Jun 18	28 Days	60	Bhaderwah/Pahalgam/Sonamarg
133 BMC	01 Jul – 28 Jul 18	28 Days	60	Bhaderwah/Pahalgam/Sonamarg
134 BMC	01 Aug – 28 Aug 18	28 Days	60	Bhaderwah/Pahalgam/Sonamarg
135 BMC	01 Sep – 28 Sep 18	28 Days	60	Bhaderwah/Pahalgam/Sonamarg

Note: The dates are subject to confirmation and weather conditions.

Advance Mountaineering

41 AMC	01 Sep -28 Sep 18	28 Days	60	Bhaderwah/Pahalgam/Sonamarg/Leh
--------	-------------------	---------	----	---------------------------------

Note: The dates are subject to confirmation and weather conditions.

Methods of Instruction

18 MOI	01 Aug – 15 Aug 18	15 Days	40	Bhaderwah/Pahalgam/Sonamarg/Leh
--------	--------------------	---------	----	---------------------------------

Note: MOI course will be combined with Basic/Advance Mountaineering Course.

Adventure

111 Adventure	01 Apr – 15 Apr 18	15 Days	50	Pahalgam /Bhaderwah/Sanasar
112 Adventure	01 May – 15 May 18	15 Days	50	Sanasar/Bhaderwah/Pahalgam
113 Adventure	16 May – 30 May 18	15 Days	50	Sanasar/Bhaderwah//Pahalgam
114 Adventure	01 Jun – 15 Jun 18	15 Days	50	Sanasar/Bhaderwah/Pahalgam
115 Adventure	16 Jun – 30 Jun 18	15 Days	50	Sanasar/Bhaderwah/Pahalgam
116 Adventure	01 Jul – 15 Jul 18	15 Days	50	Pahalgam/Bhaderwah/Sanasar
117 Adventure	16 Jul – 30 July 18	15 Days	50	Bhaderwah/Pahalgam/Sanasar/Leh
118 Adventure	01 Aug – 15 Aug 18	15 Days	50	Sanasar/Bhaderwah, Pahalgam/Leh

Note: The dates are subject to confirmation and weather conditions.

Skiing

41 Basic Skiing	03 Jan – 16 Jan 19	14 Days	40	Aru (Pahalgam)
42 Basic Skiing	20 Jan - 02 Feb 19	14 Days	40	Aru (Pahalgam)
43 Basic Skiing	05 Feb – 18 Feb 19	14 days	40	Aru (Pahalgam)
12 Intermediate	05 Feb – 18 Feb19	14 Days	40	Aru (Pahalgam)
13 Advance Skiing	21 Feb – 06 Mar19	14 Days	40	Aru (Pahalgam)

Note: The dates and venue are subject to snow conditions.

Special Adventure /Skiing (05/06/07/08/09/10days)

Special Adventure Courses & Special Skiing Courses will be conducted on request, keeping other training commitments of the Institute in view. The rate will be Rs 550/- per day per student for Special Adventure and Rs.1000/- per day per student for Special Skiing Course. The course can be conducted at Pahalgam, Sanasar, Bhaderwah and Leh. The skiing course dates are subject to change, keeping in view the weather and snow conditions. Charges for Special Mountain Courses at Leh will be different as in Pahalgam, Sanasar & Bhaderwah.

Fee

1. The fee structure for various courses for Indian and foreign students are as given below:-

(a) Basic and Advance Mountaineering courses	Rs 7600	US \$ 800
(b) Method of Instruction	Rs 7600	US \$ 800
(c) Adventure Course	Rs 4100	US \$ 400
(d) Basic, Intermediate & Advance Skiing	Rs 10,100	US \$ 1000
(e) Special Mountain Adventure Courses	Rs 550/- per day per head	
(f) Mountain Expeditions with AMC for complete duration	Rs 25,000/- per head	
(g) Mountain Expedition less than 15 days with AMC	Rs 20,000/- per head	
(h) Special Skiing Courses for 7 to 10 days	Rs 900/- per day per head	

2. The Institute provides food, accommodation, equipment, and first aid during the course in the above mentioned fee structure. No escort is permitted with individual trainees, but escort is only permitted for Special Mountain Courses for registered schools only. Full fee is to be remitted through bank draft drawn at SBI, Pahalgam, J&K (code 2445) in advance in favour of JIM & WS Pahalgam-J&K.

Deduction of Course fees

3. (a) Cancellation of seat 03 months before the course	-	15%
(b) Cancellation of seat 02 months before the course	-	25%
(c) Cancellation of seat 01 month before the course	-	50%

How to apply

4. Application form is available on our website www.jawaharinstitutepahalgam.com for admission in any course in the Institute download it, fill it and send us along with bank draft in favour of Principal, JIM & WS, Pahalgam –J&K drawn at SBI, Pahalgam, J&K (code 2445).

5. The Institute will provide mountaineering equipment and all specialized clothing required during the course. The students are however, required to bring the following:-

- One or two changes of personal clothing.
- Toilet requisites.
- Sport shoes.
- Goggles
- Woolen Socks
- Woolen gloves & cap
- Camera, Sun screen lotion / lip guard
- Post paid SIM card connection.
- Thermals under garments
- Wind & water proof jacket

Foreign Students

6. The foreign Students are requested to submit the following details for Government clearance:-

- Name in block letters.
- Father's name.
- Date of birth.
- Permanent address.
- Passport number & visa details.

How to reach**ROUTE ACCESSIBILITY**

7.

JIM & WS, Headquarter Pahalgam

Nearest Railway Station	:	Jammu
Distance from Railway Station Jammu by Road	:	255 kms
Nearest Air port	:	Srinagar
Distance from Srinagar Air Port	:	110 kms

* Regular bus / taxi services at affordable rates are available from Jammu railway station & Srinagar Airport.

JIM & WS, Sub Centre Sanasar (Patnitop)

Nearest Railway Station	:	Jammu
Distance from Railway Station Jammu by Road	:	130 kms
Nearest Air port	:	Jammu
Distance from Jammu Air Port	:	130 kms

* Regular bus / taxi services at affordable rates are available from Jammu railway station & Airport.

JIM & WS, Sub Centre Bhandarwah (Doda)

Nearest Railway Station	:	Jammu
Distance from Railway Station Jammu by Road	:	200 kms
Nearest Air port	:	Jammu
Distance from Jammu Air Port	:	200 kms

* Regular bus / taxi services at affordable rates are available from Jammu railway station & Airport.

JIM & WS, Sub Centre Shey (Leh)

Nearest Railway Station	:	Jammu
Distance from Railway Station Jammu by Road	:	700 kms
Distance from Manali (HP)	:	479 kms
Nearest Air port	:	Leh
Distance from Leh Air Port	:	10 kms

* Regular bus / taxi services at affordable rates are available from Jammu railway station & Leh Airport.

JIM & WS, Adhoc Sub Centre Sonamarg

Nearest Railway Station	:	Jammu
Distance from Railway Station Jammu by Road	:	350 kms
Nearest Air port	:	Srinagar
Distance from Srinagar Air Port	:	95 kms

* Regular bus / taxi services at affordable rates are available from Jammu railway station & Srinagar Airport.

Administrative Details

8. The administrative details are given in succeeding paragraphs:-

- (a) Fee is payable in advance, along with duly filled application forms. Adventure sports activities are prone to physical injuries. Students participating in these activities should be aware of the risks involved and accepted the same. Participation is on voluntary basis.
- (b) Students would be relieved on last day of the course after breakfast. In order to make return journey comfortable, students are advised to have the reservation done in advance.
- (c) Medium of instructions for training would be Hindi and English.
- (d) All queries regarding the courses / administrative details are to be addressed to the Principal, Medical officer and training clerk only.

Climatic condition**Pahalgam**

- (a) Pahalgam has a cool and pleasant climate in summers and very cold climate in winters and the best season for adventure is from **April to October**.
- (b) Winters (November to March) are chilly and snow bound. The minimum mercury level goes below sub zero levels and the region mostly covers receives fresh **snowfall**. The views of the landscape are excellent with snow covered hilly terrains.
- (c) Summers (March to June) are warm and pleasant. The temperature in this hilly region ranges between 11°C and 25°C. Intermittent showers are seen during this period. There is no snowfall but **snow** can be found on high altitudes.
- (d) Monsoons (July to September) are very scanty. The region becomes highly humid during this period.

Sanasar

- (a) Sanasar has a cool and pleasant climate in summers and very cold climate in winters and the best season for adventure is from **Apr to Oct**.
- (b) Winters (October to March) are chilly and snow bound. The minimum mercury level goes below sub zero levels and the region mostly covers receives fresh **snowfall**. The views of the landscape are excellent with snow covered hilly terrains.
- (c) Summers (March to June) are warm and pleasant. The temperature in this hilly region ranges between 15°C and 30°C. Intermittent showers are seen during this period. There is no snowfall but **snow** can be found on high altitudes.
- (d) Monsoons (July to September) are very scanty. The region becomes highly humid during this period.

Bhaderwah

- (a) Bhaderwah has a cold and pleasant climate in summers and very cold climate in winters and the best season for adventure is from **Apr to October**.
- (b) Winters (November to March) are chilly and snow bound. The minimum mercury level goes below sub zero levels and the region mostly covers receives fresh **snowfall**. The views of the landscape are excellent with snow covered hilly terrains.
- (c) Summers (March to June) are warm and pleasant. The temperature in this hilly region ranges between 15°C and 30°C. Intermittent showers are seen during this period. There is no snowfall but **snow** can be found on high altitudes.

Leh (Ladakh)

- (a) Leh (Ladakh) has a hot and dry climate in summers and very cold climate in winters and the best season for adventure is from **May to September**.
- (b) Winters (October to April) are chilly and snow bound. The minimum mercury level goes below sub zero levels and the region mostly covers receives fresh **snowfall**.
- (b) Summers (March to June) are very hot and dry. The temperature in this hilly region ranges between 25°C and 40°C. No showers are seen during this period. There is no snowfall but **snow** can be found on high altitudes on the peaks.

Sonamarg

- (a) Sonamarg has a cool and pleasant climate in summers and very cold climate in winters and the best season for adventure is from **Jun to October**.
- (b) Winters (November to March) are chilly and snow bound. The minimum mercury level goes below sub zero levels and the region mostly covers receives fresh **snowfall**. The views of the landscape are excellent with snow covered hilly terrains.
- (c) Summers (Apr to October) are warm and pleasant. The temperature in this hilly region ranges between 11°C and 25°C. Intermittent showers are seen during this period. There is no snowfall but **snow** can be found on high altitudes.

-Sd-

(Soham Sen)

Capt/MO

Offg. Principal (JIM & WS)

Mobile: 9906967820 (Principal)
: 9906967821 (Med Officer)
: 9906967830 (Training Clerk)
: 9906967831 (OIC Sub centre, Sanasar)
: 8803164516 (OIC Sub centre, Bhaderwah)
: 9797602157 (OIC Sub centre, Sonamarg)
: 01936-243129 (TELE / FAX)

Web Site: www.jawaharinstitutepahalgam.com**Email: principal@jawaharinstitutepahalgam.com**