



JAWAHAR INSTITUTE OF MOUNTAINEERING & WINTER SPORTS
NUNWAN, PAHALGAM – 192126

COURSE PROGRAMME – 2019-20

BASIC MOUNTAINEERING COURSES

Serial No.	Course	Duration	From	To	No. of vacancies	Venue	Vacancy status
134	Basic Mountaineering	24 days	05 May	29 May 2019	60	Pahalgam	Full
135	Basic Mountaineering	24 days	07 Jun	30 Jun 2019	60	Sonamarg	Full
136	Basic Mountaineering	24 days	03 July	27 July 2019	60	Sonamarg	Full
137	Basic Mountaineering	24 days	29 Aug	21 Sept 2019	60	Sonamarg	Full

ADVANCE MOUNTAINEERING COURSES

Serial No.	Course	Duration	From	To	No. of vacancies	Venue	Vacancy status
43	Advance Mountaineering	24 days	03 July	27 July 2019	40	Sonamarg	Available
44	Advance Mountaineering	24 days	29 Aug	21 Sept 2019	40	Sonamarg	Available

EXPEDITION

Serial No.	Course	Duration	From	To	No. of vacancies	Venue	Vacancy status
01	Expedition to Mt Stok Kangri (6153)	09 days	13 Sept	21 Sept 2019	20	Leh	Available

METHOD OF INSTRUCTION COURSE

Serial No.	Course	Duration	From	To	No. of vacancies	Venue	Vacancy status
19	MOI	15 days	16 Jun	30 Jun 2019	40	Pahalgam	Available

ADVENTURE COURSES

Serial No.	Course	Duration	From	To	No. of vacancies	Venue	Vacancy status
82	Adventure Course	15 days	03 Apr	17 Apr 2019	50	Pahalgam	Available
83	Adventure Course	15 days	19 Apr	02 May 2019	50	Pahalgam	Available
84	Adventure Course	15 days	05 May	19 May 2019	50	Sanasar	Available
85	Adventure Course	15 days	22 May	06 Jun 2019	50	Sanasar	Available

SKIING COURSES

Serial No.	Course	Duration	From	To	No. of vacancies	Venue	Vacancy status
45	Basic Skiing	14 days	03 Jan	16 Jan 2020	60	Gulmarg	Available
46	Basic Skiing	14 days	20 Jan	02 Feb 2020	60	Gulmarg	Available
47	Basic Skiing	14 days	05 Feb	18 Feb 2020	60	Gulmarg	Available
13	Intermediate Skiing	14 days	05 Feb	18 Feb 2020	60	Gulmarg	Available
14	Advance Skiing	14 days	21 Feb	06 Mar 2020	60	Gulmarg	Available

Note: The dates and venue are subject to snow conditions.

Special Adventure /Skiing (05/06/07/08/09/10days)

Special Adventure Courses & Special Skiing Courses will be conducted on request, keeping other training commitments of the Institute in view. The rate will be Rs 550/- per day per student for Special Adventure and Rs.1000/- per day per student for Special Skiing Course. The course can be conducted at Pahalgam, Sanasar, Baderwah and Leh. The skiing course dates are subject to change, keeping in view the weather and snow conditions. Charges for Special Mountain Courses at Leh will be different as in Pahalgam, Sanasar & Baderwah.

Course Fee

1. The fee structure for various courses for Indian and foreign students are as given below:-

S No.	Course	<u>Indian Students</u>		Foreign students
		For students of J&K	For Students of other states	
1	Basic Mountaineering Course	7600/-	14,000/-	US\$ 800
	Advance Mountaineering Course	7600/-	14,000/-	
2	Method of Instruction	7600/-	14,000/-	US\$ 800
3	Adventure Course	4100/-	7600/-	US \$ 400
4	Basic/Intermediate/ Advance Skiing Course (each)	7500/-	7500/- for below 21 years and Rs.10,100/- for above 21 years	US \$ 1000
5	Special Mountain Adventure Course	550/- per day	550/- per day	-
6	Special Skiing Course	1000/- per day	1000/- per days	-
7	Expedition to Mt. Stok Kangri	25,000/-	25,000/-	

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The Institute provides food, accommodation, equipment, and first aid during the course in the above mentioned fee structure. No escort is permitted with individual trainees, but escort is only permitted for Special Mountain Courses for registered schools only.

Deduction of Course fees

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|----|-----|---|---|-----|
| 3. | (a) | Cancellation of seat 03months before the course | - | 15% |
| | (b) | Cancellation of seat 02months before the course | - | 25% |
| | (c) | Cancellation of seat 01month before the course | - | 50% |

How to apply

4. Application and medical forms are available on our website www.jawaharinstitutepahalgam.com for admission in any course in the Institute. Pay the applicable fee and attach the receipt of the fee with application and medical form and send us through speed post only.

5. The Institute will provide mountaineering equipment and all specialized clothing required during the course. The students are however, required to bring the following:-

- One or two changes of personal clothing.
- Toilet requisites.
- Sport shoes.
- Goggles
- Woolen Socks
- Woolen gloves & cap

- (g) Camera, Sun screen lotion / lip guard
- (h) Post paid SIM card connection.
- (j) Thermals under garments
- (k) Wind & water proof jacket

Foreign Students

6. The foreign Students are requested to submit the following details for Government clearance:-

- (a) Name in block letters.
- (b) Father’s name.
- (c) Date of birth.
- (d) Permanent address.
- (e) Passport number & visa details.

How to reach

ROUTE ACCESSIBILITY

7.

JIM & WS, Headquarter Pahalgam

Nearest Railway Station	:	Jammu
Distance from Railway Station Jammu by Road	:	255 kms
Nearest Air port	:	Srinagar
Distance from Srinagar Air Port	:	110 kms

* Regular bus / taxi services at affordable rates are available from Jammu railway station & Srinagar Airport.

JIM & WS, Sub Centre Sanasar (Patnitop)

Nearest Railway Station	:	Jammu
Distance from Railway Station Jammu by Road	:	130 kms
Nearest Air port	:	Jammu
Distance from Jammu Air Port	:	130 kms

* Regular bus / taxi services at affordable rates are available from Jammu railway station & Airport.

JIM & WS, Sub Centre Baderwah (Doda)

Nearest Railway Station	:	Jammu
Distance from Railway Station Jammu by Road	:	200 kms
Nearest Air port	:	Jammu
Distance from Jammu Air Port	:	200 kms

* Regular bus / taxi services at affordable rates are available from Jammu railway station & Airport.

JIM & WS, Sub Centre Shev (Leh)

Nearest Railway Station	:	Jammu
Distance from Railway Station Jammu by Road	:	700 kms
Distance from Manali (HP)	:	479 kms
Nearest Air port	:	Leh
Distance from Leh Air Port	:	10 kms

* Regular bus / taxi services at affordable rates are available from Jammu railway station & Leh Airport.

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JIM & WS, Adhoc Sub Centre Sonamarg

Nearest Railway Station	:	Jammu
Distance from Railway Station Jammu by Road	:	350 kms
Nearest Air port	:	Srinagar
Distance from Srinagar Air Port	:	95 kms

* Regular bus / taxi services at affordable rates are available from Jammu railway station & Srinagar Airport.

Administrative Details

8. The administrative details are given in succeeding paragraphs:-

- (a) Fee is payable in advance, along with duly filled application forms. Adventure sports activities are prone to physical injuries. Students participating in these activities should be aware of the risks involved and accepted the same. Participation is on voluntary basis.
- (b) Students would be relieved on last day of the course after breakfast. In order to make return journey comfortable, students are advised to have the reservation done in advance.
- (c) Medium of instructions for training would be Hindi and English.
- (d) All queries regarding the courses / administrative details are to be addressed to the Principal, Medical officer and training clerk only.

Climatic condition

Pahalgam

- (a) Pahalgam has a cool and pleasant climate in summers and very cold climate in winters and the best season for adventure is from **April to October**.
- (b) Winters (November to March) are chilly and snow bound. The minimum mercury level goes below sub zero levels and the region mostly covers receives fresh **snowfall**. The views of the landscape are excellent with snow covered hilly terrains.
- (c) Summers (March to June) are warm and pleasant. The temperature in this hilly region ranges between 11°C and 25°C. Intermittent showers are seen during this period. There is no snowfall but **snow** can be found on high altitudes.
- (d) Monsoons (July to September) are very scanty. The region becomes highly humid during this period.

Sanasar

- (a) Sanasar has a cool and pleasant climate in summers and very cold climate in winters and the best season for adventure is from **Apr to Oct**.
- (b) Winters (October to March) are chilly and snow bound. The minimum mercury level goes below sub zero levels and the region mostly covers receives fresh **snowfall**. The views of the landscape are excellent with snow covered hilly terrains.
- (c) Summers (March to June) are warm and pleasant. The temperature in this hilly region ranges

between 15°C and 30°C. Intermittent showers are seen during this period. There is no snowfall but **snow** can be found on high altitudes.

(d) Monsoons (July to September) are very scanty. The region becomes highly humid during this period.

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Bhaderwah

(a) Bhaderwah has a cold and pleasant climate in summers and very cold climate in winters and the best season for adventure is from **Apr to October**.

(b) Winters (November to March) are chilly and snow bound. The minimum mercury level goes below sub zero levels and the region mostly covers receives fresh **snowfall**. The views of the landscape are excellent with snow covered hilly terrains.

(c) Summers (March to June) are warm and pleasant. The temperature in this hilly region ranges between 15°C and 30°C. Intermittent showers are seen during this period. There is no snowfall but **snow** can be found on high altitudes.

Leh (Ladakh)

(a) Leh (Ladakh) has a hot and dry climate in summers and very cold climate in winters and the best season for adventure is from **May to September**.

(b) Winters (October to April) are chilly and snow bound. The minimum mercury level goes below sub zero levels and the region mostly covers receives fresh **snowfall**.

(b) Summers (March to June) are very hot and dry. The temperature in this hilly region ranges between 25°C and 40°C. No showers are seen during this period. There is no snowfall but **snow** can be found on high altitudes on the peaks.

Sonamarg

(a) Sonamarg has a cool and pleasant climate in summers and very cold climate in winters and the best season for adventure is from **Jun to October**.

(b) Winters (November to March) are chilly and snow bound. The minimum mercury level goes below sub zero levels and the region mostly covers receives fresh **snowfall**. The views of the landscape are excellent with snow covered hilly terrains.

(c) Summers (Apr to October) are warm and pleasant. The temperature in this hilly region ranges between 11°C and 25°C. Intermittent showers are seen during this period. There is no snowfall but **snow** can be found on high altitudes.

-Sd-
(I S Thapa)
Colonel
Principal (JIM & WS)

Mobile:

- : 9906967821 (Med Officer)**
- : 9906967830 (Training Clerk)**
- : 9906967831 (OIC Sub centre, Sanasar)**
- : 8803164516 (OIC Sub centre, Bhaderwah)**
- : 9797602157 (OIC Sub centre, Sonamarg)**
- : 01936-243129 (TELE / FAX)**

Web Site:www.jawaharinstitutepahalgam.com
Email: principal@jawaharinstitutepahalgam.com